

# Electrical Muscle Stimulation Abdominal Trainer

This electrical muscle stimulation (EMS) device is designed to stimulate and exercise abdominal muscles. It features adjustable intensity levels and a portable design for convenient use.



## ADDITIONAL IMAGES



## Product Overview

### Advanced Muscle Stimulation Technology

This device utilizes professional-grade Electrical Muscle Stimulation (EMS) combined with proprietary 20Hz CMM pulse technology to promote muscle movement and toning. Designed as an efficient alternative to traditional exercise, it transmits micro-current signals directly to muscles to aid in fat reduction and body shaping. The system is engineered for convenience, allowing users to maintain fitness routines anywhere with just 20-25 minutes of daily use.

## Performance Metrics

### Key Performance Indicators

**15 levels**

Stimulation Levels

**10 days**

Battery Life

**5 m**

Remote Range

## Technical Specifications

### Model Comparison Table

Feature	A-2968	A-2978
Dimensions	160 x 195 mm	950 x 235 mm
Weight	500g	400g
Battery Capacity	140 mAh	140 mAh

## Features

### Device Features

- Wireless remote control operation
- USB rechargeable (2-hour charge time)
- Automatic program shut-off
- Portable design for on-the-go use
- 20Hz CMM pulse frequency