

# Cast Steel Weight Plates for Strength Training

These cast steel weight plates are designed for strength training and fitness exercises. The plates have multiple grip holes for easy handling and are available in various weight increments.



## Product Overview

### Professional Cast Steel Weight Plates

These cast steel weight plates are engineered for high-performance strength training in both commercial fitness facilities and home gyms. Featuring a rugged, durable construction with a specialized rust-resistant finish, they ensure long-term reliability and performance. The design incorporates multiple integrated grip holes, allowing for effortless handling and quick, safe loading onto barbells and selectorized weight machines.

## Technical Specifications

### Finish

Rust-Resistant

### Key Design Features

- Multiple grip holes for handling
- Easy barbell loading compatibility
- Industrial-grade cast steel construction

Material	Cast Steel
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## Usage Information

Application	Strength Training, Commercial Gym, Home Gym, Fitness Facilities
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